

Menu 2

Waringstown Primary School

(food Hygiene rating 5)

	Monday	Tuesday	Wednesday	Thursday	Friday
Week Beg: 30.9.19	Chicken Curry & Brown Rice or Steakburger, Gravy Mashed Potatoes Mixed Vegetables Naan Bread Ice Cream or Yoghurt, Fruit	Oven Baked Sausages or Savoury Mince, Baked Beans or Peas, Gravy, Mashed Potatoes Flakemeal Biscuit or Yoghurt, Fruit	Cheese & Tomato Pizza or Fish Fingers Mash Potatoes/Chips Sweetcorn, Tomato Ketchup Strawberry Mousse or Yoghurt, Fruit Sausages or Chicken	Pasta Bolognese or Chicken Crumble Carrots Mashed Potatoes Gravy Crusty Bread Muffin or Yoghurt, Fruit	Roast Chicken or Steakburger, Stuffing, Gravy, Mashed & Dry Oven Roast Potatoes, Turnip/Peas Jelly/Fruit Portion
Week Beg: 7.10.19	Homemade Cheese & Tomato Pizza or BBQ Chicken Sweetcorn Chips or Mashed Potatoes Ice Cream or Yoghurt, Fruit	Pasta Bolognese or Fish Fingers Broccoli or Peas Mashed or Baked Potatoes, Gravy Crusty Bread Cookie or Yoghurt, Fruit	Curry & Brown Rice Chips/Mashed Potatoes Naan Bread Tomato Ketchup Jelly or Yoghurt, Fruit	Steakburger or Grilled Bacon Slice or Stuffed Bacon Roll, Carrots or Baked Beans, Gravy Mashed Potatoes Fresh Pineapple/Yoghurt	Roast Chicken Cabbage or Cauliflower Cheese Stuffing, Gravy Mashed Potatoes Ice Cream or Yoghurt, Fruit
Week Beg: 14.10.19	Peppered Chicken & Brown Rice or Cheese & Tomato Pizza, Chips or Mashed Potatoes Sweetcorn Ice Cream or Yoghurt, Fruit	Sausages or Chicken Wrap, Mashed or Baked Potatoes Broccoli/Baked Beans Coleslaw, Gravy Flakemeal Biscuit or Yoghurt, Fruit	Braised Steak & Onions or Fish Fingers Mixed Vegetables Gravy, Mashed Potatoes Cookie or Yoghurt, Fruit	Steakburger or Lasagne Mashed or Baked Potatoes Carrots/Gravy Crusty Bread Muffin or Yoghurt, Fruit	Roast Chicken Stuffing Gravy Turnip/Peas Mashed & Dry Oven Roast Potatoes Frozen Mousse & or Yoghurt, Fruit
Week Beg: 21.10.19	Beef Curry & Brown Rice Fish Fingers Naan Bread Sweetcorn, Mashed Potatoes/Pasta Gravy Chocolate Cookie or Yoghurt, Fruit	Chicken Nuggets Breaded Salmon Baked Beans/Turnip Mashed Potatoes Gravy Fresh Pineapple/Ice Cream Milkshake	Homemade Cheese & Tomato Pizza or Chicken Baguette Salad Bar/Peas Mashed Potatoes/Chips Flakemeal Biscuit or Yoghurt, Fruit	Pasta Bolognese or Steakburger Broccoli/Salad Mashed/Baked Potatoes Gravy Crusty Bread Jelly or Yoghurt, Fruit	Roast Beef or Steakburger, Stuffing Mixed Vegetables Mashed Potatoes Gravy Muffin or Yoghurt, Fruit

A range of salad items available most days.

School food

Try something New today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional Information on allergens or Special diets please contact the school in the first instance

