

Primary 6 Trip to Shannaghmore OEC

Waringstown Primary School 2011



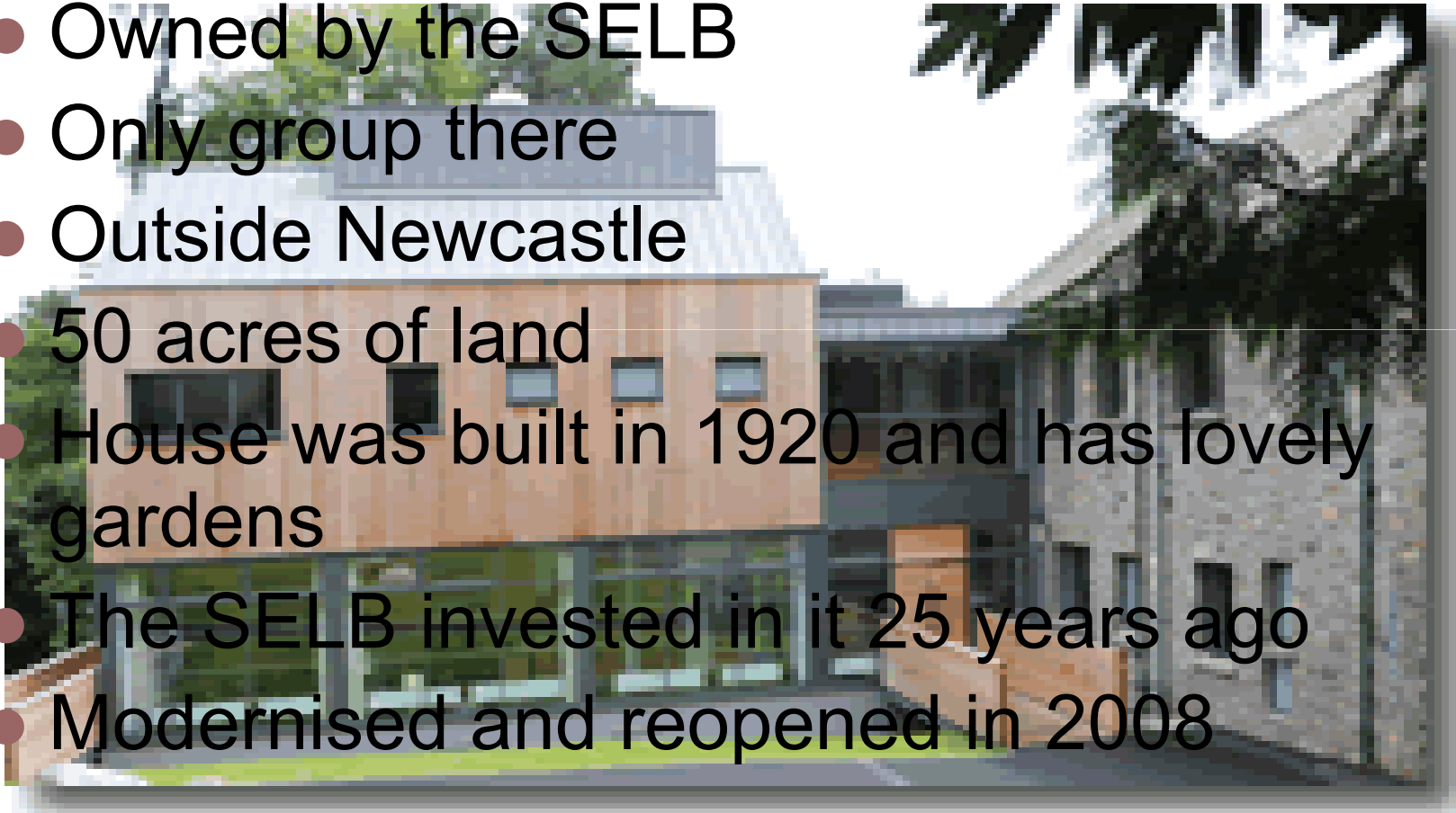
Reasons for Shannaghmore

- Talking
- Decision Making
- Safety Awareness
- Choices
- Team Work/Team Building



Shannaghmore House

- Owned by the SELB
- Only group there
- Outside Newcastle
- 50 acres of land
- House was built in 1920 and has lovely gardens
- The SELB invested in it 25 years ago
- Modernised and reopened in 2008



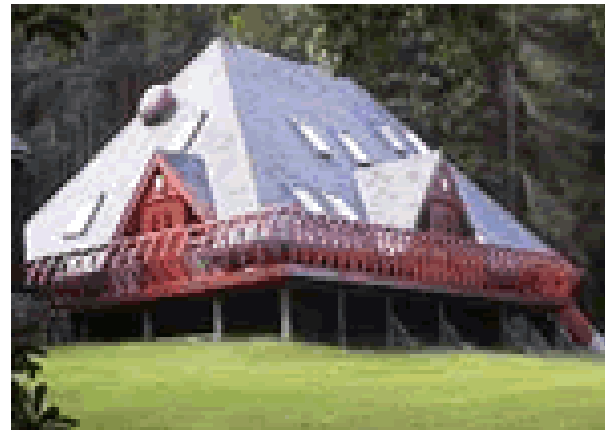
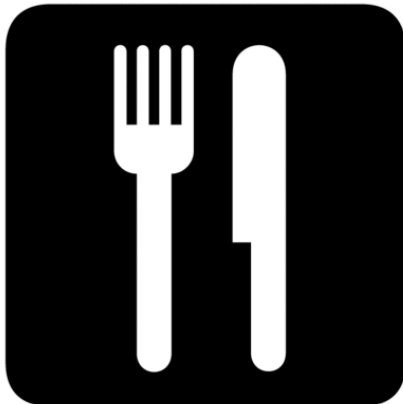
Clothing

- **NO GOOD CLOTHES**
- All outdoor specialist clothing and equipment supplied
- Bring old clothes for outdoors.



Meals

- Breakfast - 8:30am
- Cooked Lunch - 12:30 pm
- Cooked meal - 5:30 pm
- Supper - Evening



Arrangements for stay

- 4 mini busses to take us off site.
- Can't get lost – always stay within sight of the house.
- Fire drill when we arrive.
- Totally safe environment
- Good quality food - all diets catered for
- Groups will be mixed up – to get to know everyone.



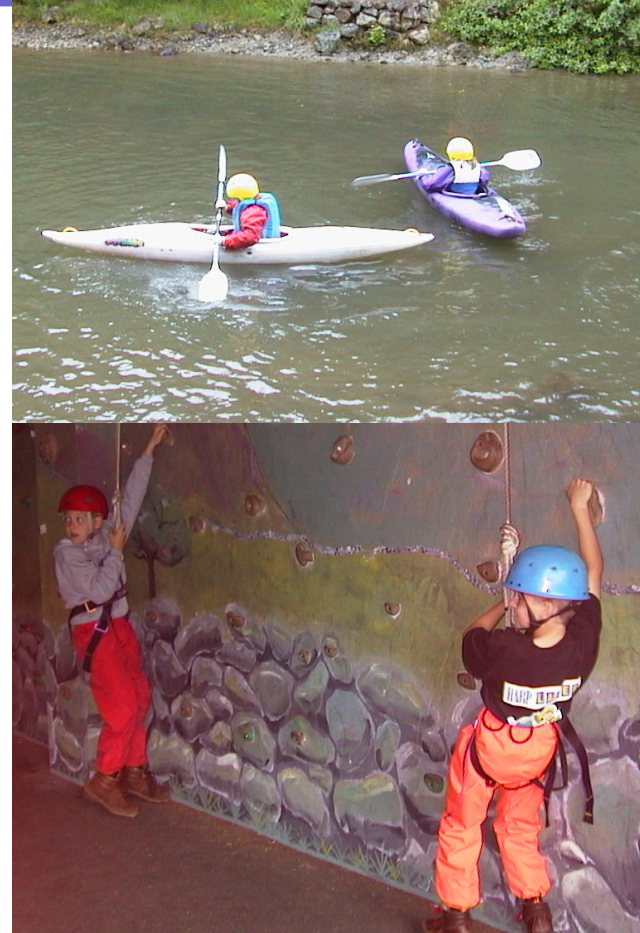
Essentials

- No mobiles
- Lights out at 10:30pm
- No shop
- Plastic bag for dirty socks etc.
- No camera
- Cap and insect repellent



Activities

- Ropes course
- Abseiling/climbing wall
- Bouldering
- Orienteering
- Adventure walks
- Wildlife
- Beach walk
- Mountain walk (low hill)
- Canoe



Medication

- All Medication needed to be brought
- Inhalers – essential for all activities
- Please inform us of any medication that is to be used at Shannaghmore.

